

Burrell Behavioral Health
Columbia TAY Team
Columbia TAY-BH/DD Team
Sedalia TAY Team
Springfield Adult Team
Springfield TAY Team

BJC
St. Louis TAY Team

Compass Health
Nevada Adult Team
Raymore TAY Team
St. Charles Crider TAY Team
Jefferson City Metro TAY Team

Family Guidance Center
St. Joseph Adult Team

Ozark Center
Joplin Adult Team
TAY Team

Places for People
St. Louis Adult teams:
ACT 1 Team
Home Team
IMPACT Team
FACT Team

Preferred Family Healthcare
Hannibal TAY-ITCD Team

St. Patrick Center
St. Louis Adult Team

Hopewell
St. Louis TAY Team

INSIDE THIS ISSUE:

New Faces	2
Tips & Tools	2
Spotlight	3
TMACT corner	3
Resources, Team map & DMH contacts	4
TMACT V-3	5
The Arts	6

Assertive Community Treatment

ISSUE 20 FALL 2018

MO ACT NEWSLETTER

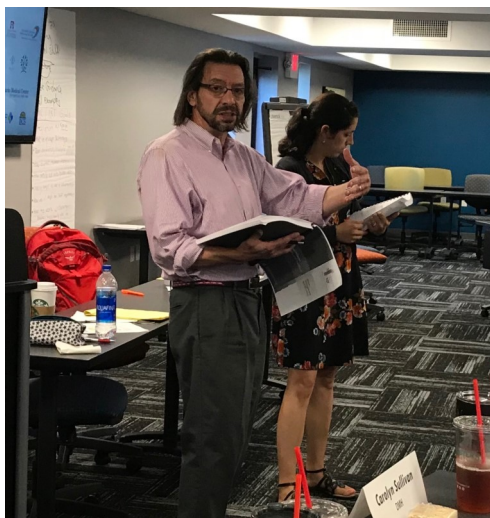
Hello from DMH by Lori Norval

We were very excited to have national trainers, David Lynde and Christine Powers present a 3 day overview of Illness Management and Recovery (IMR) and Individual Resiliency Training (IRT) for us on August 28, 29 and 30th. The agenda was full, including defining what those strategies are and how they are used on an ACT team. There was a great combination of lecture, demonstration, active participation and instruction over the course of the 3 days. Many ACT teams sent representatives to the



training and were able to begin planning their own strategies of how to begin incorporating both IMR and IRT into their treatment for clients.

David and Christine were very kind and informative and provided us with a glowing commentary on their experience here in Missouri. They were very impressed with the dedication from the ACT team staff and the positive relationship between the ACT teams and the DMH fidelity team. We are proud in Missouri to have quality, effective ACT programs—thanks to the great staff we have on board!





To find past issues of the ACT Newsletter, go to the DMH—ACT page at:
<http://dmh.mo.gov/mentalillness/provider/act.html>
 Scroll down to “newsletters” and find your archived online copy!

Missouri ACT is on the web!

<http://dmh.mo.gov/mentalillness/provider/act.html>



NEW FACES AND TEAMS!

We want to welcome those individuals who have recently joined our ACT teams!

BJC ACT-TAY Team

Tammy Moore – Program Assistant

Burrell ACT-TAY BHDD Team:

Stephanie Bonaparte – Program Assistant

Melody McArthur – Therapist

Burrell ACT-TAY Columbia Team:

Laura Breitzig – Psychiatric Care Provider

Burrell ACT-TAY Sedalia:

Laura Aziere – Team Leader

Natasha McMullin – CSS

Sarah Priesendorf – RN

Elyssa Harris – Employment Specialist

Burrell ACT-TAY and Adult Teams Springfield:

Torri Wilkinson – RN

Compass Health ACT-TAY Team

Crider:

Marlene Smith – Employment Specialist

Compass ACT-TAY Metro Team:

Joetta Waswassuck – Psychiatric Care Provider

Ozark Center– Adult Team:

Dr. Jeffery Bradley – Psychiatric Care Provider

Places for People – IMPACT Team:

David Moeller – RN

ACT Tips & Tools of the Trade

“The view of ACT offered through the TMACT is a contemporary update that comprises the following:

(1) *Flexible and individualized application of resources*, where the team delivers highly responsive, individualized, biopsychosocial and rehabilitative services in clients’ natural

environments that address clients’ goals and needs and are provided with appropriate timing and intensity;

(2) *A team approach to treatment delivery*, where a multidisciplinary group of providers with individual areas of expertise share responsibility for meeting clients’ complex service needs, integrating care,

and providing an armory of service interventions; and

(3) *Recovery-oriented services as the focus of care*, where the team promotes self-determination and respects clients as experts in their own right.”

Taken from © TMACT 1.0 (rev3)
Protocol part I: Introduction



For resource information on Supported Employment and Education services for Transitional Age Youth, visit the DMH website:

<http://dmh.mo.gov/men-talillness/transitionalageyouth.html>



Follow PACTwise team solutions 'blog for interesting articles written by fellow ACT staff with over 30 years' experience in the field at: <https://pactwiseblog.com/>

TEAM MEMBER SPOTLIGHT

Name: Nicholas Pantages

Team: Places for People FACT Team

Location: St. Louis

Position: Assistant Team Leader/Mental Health Specialist

Favorite Food: Probably eggs, can eat them every day, any time, regardless of how they're cooked

Favorite thing about being on an ACT

Team: I think it's really powerful to be so involved in several facets of our clients lives. Being there through the struggle and seeing the success. And having the team to rely on and work with to assist our population in reaching their goals and overcoming everything life throws at them.

Something I would like to share with other

teams: Just a friendly reminder to LAUGH! And don't take yourself too seriously. We all work so hard and deal with A LOT, so keeping the office atmosphere light and fun makes all the difference. The FACT Team definitely mixes in its fair share of self-deprecation and humor every single day :-)

TMACT Corner

TMACT 1.0 Revision 3

To better clarify what constitutes a daily team meeting:

*to count as a daily team meeting, most team members need to be present and scheduled meeting times facilitate meaningful review of client status over the past 24 hours. (e.g., the meeting is consistently scheduled at approximately the same time each day). If a team meets in the morning on Monday and Tuesday, the afternoon on Wednesday and then meets again in the morning on Thursday and Friday, do not count the Thursday meeting as one of the Daily Team Meetings.

*Do not include administrative or treatment planning meetings for this item. If a team reports holding a daily team meeting five days a week, but it is later revealed that one such meeting is an administrative meeting and there is no basic review and planning of service contacts, rating is based on four daily team meetings per week.

You can receive ACT specific technical assistance from DMH staff. They are happy to assist!

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Chrystal.Cole@dmh.mo.gov

Carolyn.Sullivan@dmh.mo.gov

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Page 4

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RESOURCES



Center for Evidence-Based Practices at Case Western Reserve University

<http://www.centerforebp.case.edu/>

Individual Resiliency Training (IRT)

<https://raiseetp.org/studymanuals/IRT%20Complete%20Manual.pdf>

Copeland Center for Wellness and Recovery

<http://copelandcenter.com/wellness-recovery-action-plan-wrap>

Division of Behavioral Health Employment Services

<http://dmh.mo.gov/mentalillness/adacpsemploymentservices.html>

Dartmouth Supported Employment Center

<http://www.dartmouthips.org/>

Certified Peer Specialist

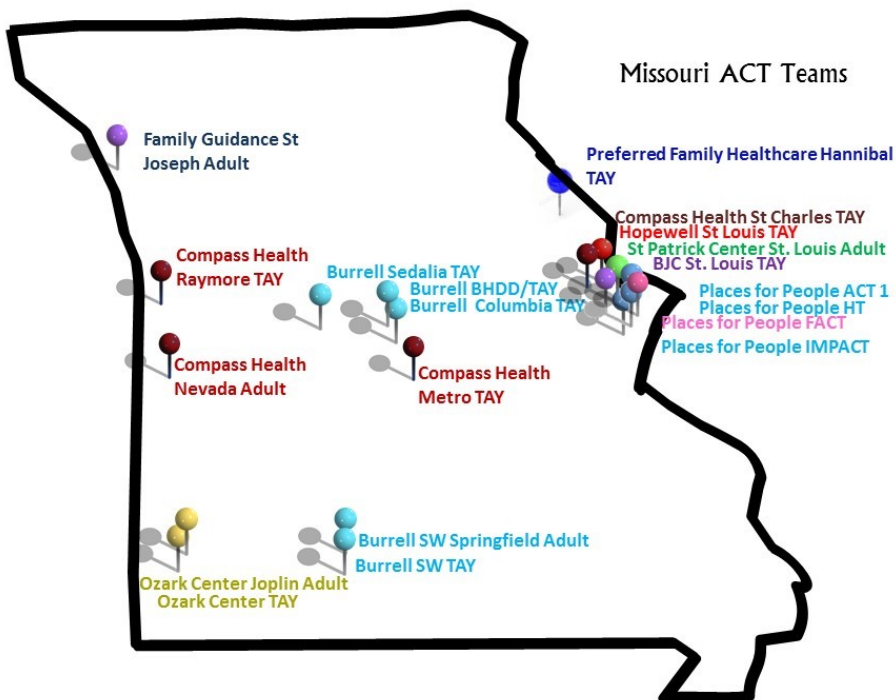
<https://dmh.mo.gov/mentalillness/PeerSupportServices.htm>

SSI/SSDI Outreach, Access and Recovery (SOAR)

<http://soarworks.prainc.com/>

Missouri Recovery Network

www.morecovery.org



Missouri
Assertive Com-
munity Treat-
ment Newsletter
Issue 20
Fall 2018



To access the free
and downloadable
**Supported Hous-
ing Toolkit** on the
Substance Abuse
and Mental Health
Services Admin-
istration
(SAMHSA) web-
site:

[CLICK HERE](#)

Take the free
SOAR
online
training
course by
visiting

<http://soarworks.prainc.com/course/ssissdi-outreach-access-and-recovery-soar-online-training>

ACT TEAM LEADER FACE TO FACE MEETING

OCTOBER 26TH 10-3

Missouri Coalition for Community Behavioral Healthcare
221 Metro Drive
Jefferson City, MO 65109

*A day of networking, sharing, rewards, information and learning,
bringing ACT teams in Missouri together!*

RSVP Kelly Orr and Lori Norval today!

Upcoming Certified Peer Specialist Supervision Trainings

The MCB will be offering 2 Certified Peer Specialist Supervision Trainings before the end of the year. These trainings are free and lunch is provided. The training locations and dates are as follows:

Monday October 29th - Springfield, MO

Monday November 26th - Cape Girardeau, MO

- A. [Click Here For the October Registration Form](#)
- B. [Click Here For the November Registration Form](#)

If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

TMACT Version 3

Hard to keep up with exactly what has changed? We understand. We created this [Q&A](#) to explain changes made since TMACT 1.0 Revision 1. We also recorded a webinar for you! Part I is nearly 2 hours long and takes you up until about EP6. Part II is about 45 minutes, finishes up with the review AND gives you a sneak peak into eTMACT. [PowerPoint Handout here.](#)

Part I (nearly 2 hours):

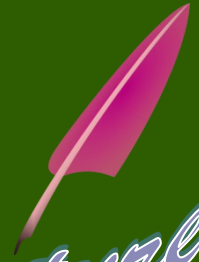
<https://attendee.gotowebinar.com/recording/3949706742188054274>

Part II (45 min. long AND includes sneak peak at eTMACT):

<https://attendee.gotowebinar.com/recording/6898709078069390338>



Arts & Literature



Expression



Creativity



Sculpted Rose with Play Doh
by Elizabeth Bradley
Compass Raymore ACT TAY

SUBMIT YOUR CLIENT ART—POETRY, PHOTOS,
TESTIMONIALS, SHORT STORIES, PHOTOS OF
PAINTINGS, SCULPTURE, ETC.—TO
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